Home visitors can help you find services such as:

- Testing your child's growth and development
- Immunizations
- Health care options
- Child care
- Parenting classes
- Mental health services



- WIC
- RIte Care
- Early Intervention
- Food Stamps

Call the Family Outreach Program agency that serves your community.

VNA Care of New England 1-800-348-6417

Burrillville North Providence Central Falls North Smithfield Coventry **Pawtucket** Providence Cranston Cumberland Scituate Fast Greenwich Smithfield East Providence Warwick Foster West Greenwich Glocester West Warwick Johnston Woonsocket

VNS of Newport and Bristol Counties 682-2100

Lincoln

New Shoreham

Barrington
Bristol
Jamestown
Little Compton
Middletown
Newport
Portsmouth
Tiverton
Warren

VNS Home Health Services 782-0500

Charlestown
Exeter
Richmond
Hopkinton
Narragansett
North Kingstown
Richmond
South Kingstown
Westerly



Family Outreach Program





Rhode Island's Home Visiting Program



MAKE HE WITH PART OF YOUR FAMILY
RHODE ISLAND DEPARTMENT OF HEALTH

There's so much to think about when it comes to having a baby and raising a child. You may have questions about how your are feeling or how your child is developing.



The Family Outreach Program helps families with young children. Our home visitors are caring professionals who are available to visit with you and your family during the day, in the evening, and on the weekend—whenever it's best for you. We come to your home because we know how busy family life can be.



Home visitors can answer question that parents often have:

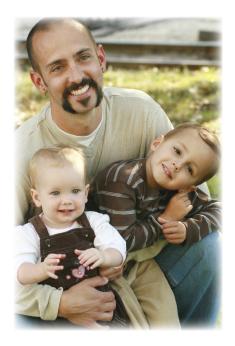
- I should be happy as a new mom, so why am I crying so much?
- What tips can you give me to make my baby's first bath easier?
- My baby cries alot. What should I do?
- How will I know when my baby is hungry?
- How do I care for my baby's umbilical cord?
- How should I dress my newborn?
- What is normal newborn weight gain?
- When should I take my child to the doctor?
- My child is a picky eater. How can I make sure he eats healthy foods?
- How do I know if my child is growing and learning as expected?
- How can I make my home safe for my child?

Home visitors can also answer questions about community resources:

- Are there parenting programs?
- I will be going back to work—where can I find childcare for my baby?
- I have no insurance—how can I get healthcare for my child?
- Should I be worried about child lead poisoning?

Family Outreach Program
Call the Family Health
Information Line to ask for a visit.
1-800-9427434

Many of our home visitors speak more than one language so we are able to help <u>all</u> families get the information and services they need to be as healthy as possible. And best of all, there is no cost to you.



Infancy and early childhood are important times in life. We're here to help you and your family during these times. The Family Outreach Program agency serving your community is listed on the back of this brochure.

For more information about the Family Outreach Program, call the Family Health Information Line at 1-800-942-7434. We speak English and Spanish.